

*I encourage you to use the following format as you begin each new day. As we join together in praying in this format we pray together as a community. Reciting the same prayers and reading the same Scriptures each day we become one voice in the midst of challenging and trying times.*

*For information on praying in the manner mentioned above please see The Liturgy of Time article.*

## **Opening Sentences**

*Recite the following as an individual or with others. You can read the bolded sections together.*

On Lord, open my lips.  
**And my mouth shall proclaim your praise.**

The Lord's unfailing love and mercy never cease,  
**Fresh as the morning and sure as the sunrise,** (Lamentations 3:22-23).

## **Morning Psalm**

Psalm 95:1-7

**Refrain: Let us shout for joy to the Rock of our salvation.**

Come, let us sing to the LORD;  
Let us shout for joy to the Rock of our salvation.  
Let us come before God's presence with thanksgiving  
and raise a loud shout to the LORD with Psalms.

### **Refrain**

For the LORD is a great God,  
and a great Sovereign above all gods.  
The LORD holds the caverns of the earth,  
and sustains the heights of the hills.  
The sea belongs to God, who made it,  
whose hands have molded the dry land.

### **Refrain**

Come, let us bow down, and bend the knee,  
and kneel before the LORD our Maker.  
For the LORD is our God,  
And we are the people of God's pasture and the sheep of God's hand.  
Oh, that today you would hearten to God's voice!

### **Refrain**

## **Scripture Reading**

*The following daily Scripture readings are related to our Lenten Sunday series on Back to the Basics a look at the Ten Commandments. As you reflect upon each of the readings do so thinking about "How are we the body of Christ, the community of our Lord to one another during these turbulent times?" What are your good news stories? Remembering always **"Be strong and courageous; do not be dismayed, for the LORD your God is with you wherever you go,"** (Joshua 1:9)*

3/20—Romans 12:19-20  
3/21—Colossians 3:12-17  
3/22—Deuteronomy 5:17-19  
3/23—Proverbs 31:8-9  
3/24—Psalm 37:1-6

3/25—Psalm 1  
3/26—1 Corinthians 13:4-7; 16:13  
3/27—1 Peter 4:8-11  
3/28—Philippians 2:3-11  
3/29—Deuteronomy 5:6-21

The Word of the Lord.

**Thanks be to God.**

### **Canticle of Zechariah Luke 1:68-69**

“Blessed by the Lord God of Israel, for he has looked favorably on his people and redeemed them. He has raised up a mighty savior for us in the house of his servant David.”

### **Prayers of Thanksgiving and Intercession**

#### **The Lord’s Prayer**

**Our Father, who art in heaven,  
hallowed be thy name.**

**Thy kingdom come, thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread;  
and forgive us our debts, as we forgive our debtors;  
and lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom, and the power,  
and the glory, forever. Amen.**

#### **Dismissal**

The grace of God be with us all, now and always. Amen (1 Timothy 6:21).